

# Strawberry Punch

- 1 cup sugar
- 1 cup water
- 1/2 cup unsweetened pineapple juice
- 1 teaspoon fresh lemon juice
- 4 cups sliced strawberries
- 2 liters sugar-free lemon-lime soda



1. Combine sugar and water in small saucepan. Heat almost to boiling, stirring to dissolve sugar. Remove from heat. Stir in pineapple juice. Chill well.
2. Puree lemon juice and strawberries in blender. Add to chilled juices. Chill 30 minutes.
3. Pour strawberry mixture into punch bowl. Slowly add chilled soda.

Serves 24.

<b>Nutrition Facts</b>		
Servings per recipe: 24		
<b>Amount Per Serving</b>		
<b>Calories 44</b>	Calories from fat trace	
	% Daily Value	
<b>Total Fat</b> trace		0%
Saturated Fat	trace	0%
<b>Cholesterol</b> 0mg		0%
<b>Sodium</b> 2mg		1%
<b>Carbohydrate</b> 11g		4%
Dietary Fiber	1g	3%
<b>Protein</b> trace		0%
Vitamin A: 0%	Vitamin C: 27%	Folacin: 2%
Calcium: 1%	Iron: 1%	Potassium: 2%

Modified from original source: May Day Strawberry Punch by Carolyn Quick Tillery, African-American Heritage Cookbook at <http://www.recipehound.com/Recipes/Recipes2/6126.html>  
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